

# **CONSENT FORM (FACE TO FACE ASSESSMENT & TREATMENT DELIVERED)**

Name:		D.O.B
Address		
Contact	Home: Mobile:	
Details	Email:	
GP details		
Ethnicity	(please see the inside of folder	er for the list of codes)

# **Explanation of the Service**

### **Assessment**

Your details

Physiotherapy2Fit is an independent clinical company providing specialist Physiotherapy and rehabilitation services. Physiotherapy2Fit has been appointed by your employer/Insurer/NHS to undertake an initial physiotherapy assessment and possible follow up physiotherapy treatment. The initial assessment includes a subjective and objective examination of your musculoskeletal condition and is undertaken by a chartered clinician working on behalf of Physiotherapy2Fit. The clinician will ask relevant questions relating to your condition and any functional activities and roles you have difficulties with. The second part of the assessment will involve an assessment of your musculoskeletal health and functional abilities. During the assessment physical touching and positioning of your body will be required, you will be asked to remove clothing to allow us to see your problem, if you do not feel comfortable doing this please let your clinician know or request to have a chaperone. Your clinician will explain every step of the assessment to you. On occasions you may suffer with some post assessment discomfort, however Physiotherapy2Fit will not ask you to perform any task that is contra-indicated to your injury/condition.

All patients are entitled to **ONE DNA/late cancellation** (under 24 hours' notice), please see our website (<a href="https://www.physiotherapy2fit.com">www.physiotherapy2fit.com</a>) for the full DNA policy.

For information on how we store and process your information please see our Privacy Policy

### **Treatment (If applicable)**

After your initial assessment, a course of Physiotherapy treatment may be required. Your clinician will discuss with you and explain possible treatment strategies which may include exercise therapy, soft tissue massage, acupuncture, joint mobilisation, electrotherapy and taping. Your clinician will conduct the treatment that is clinically appropriate to your condition. It is quite common to experience some residual discomfort, or in some cases superficial bruising, after treatment. For certain "invasive" treatments such as cervical (neck) manipulation and acupuncture you may be asked to sign an additional consent form.



### YOUR DECLARATION AND SIGNATURE

Pursuant to the provisions of the Data Protection Act 1998 and GDPR legislation, I hereby:

- Confirm I have read and understood the content of the consent form.
- Consent to undertake the initial assessment and subsequent treatment (if applicable)
- Consent to Physiotherapy2Fit storing my personal and medical information, during my referral period and after my discharge.
- Consent to the release of personal data and medical records gained from me via a summary/assessment report compiled by the assessing Clinician, to referring organisation, insurer and/or third-party representative.
- Consent to the release of appropriate medical reports to treating Clinicians arranged through Physiotherapy2Fit if it is considered beneficial for my treatment.
- I am aware of your Privacy Policy and I understand that I may withdraw my consent at any time, without prejudice.
- I am aware that my contact details are used to send out reminders/alterations of appointments and for questionnaires and information on our services and that I can opt out of this, without prejudice.

Signed:	Date:	/	/
Name (please print)			